ONLINE DISCIPLESHIP RESOURCE RECOMMENDATIONS

JUNE 2025





Introducing Discipleship Resources

Thank you for taking the time to explore this selection of suggested resources we've curated to help nurture discipleship in various contexts.

There are a wealth of discipleship resources accessible both online and in print forms that have been created throughout the centuries. Though not definitive, the resources outlined below are a selection currently available online that may help communities of faith grow in knowing and living Jesus' way, in community for the restoration of all things.

There are many ways to approach discipleship. As you explore these resources, you may find ideas and suggestions that don't reflect your personal or communal views on how discipleship can be best practiced. If you find yourself responding in this way, we encourage you to pause, and wonder if your response is suggestive of the Spirit inviting you to consider a new way; inviting you deeper into exploring the mystery that is God revealed in the way of Jesus.

We are always looking for new material to test and recommend. If there are discipleship resources that you have used or developed, or that you have found to be helpful we'd love to hear from you to further expand this listing.

If you use any of these resources with your community, we'd love to hear feedback about your experiences.

In either case, contact the Synod's Mission Accompanying Team at hi.mat@ucaqld.com.au.

We pray that whatever resources you discover and use to nurture discipleship, you will find the Spirit leading you more deeply, seeing your community transformed, and more fully embracing the way of Jesus.

Mission Accompanying Team

hi.mat@ucaqld.com.au





We are Making Disciples

Location

https://wearemakingdisciples.com/

Description

This resource is based around the idea that we follow Jesus with our head, heart, and hands. Utilising a tool that helps understand these terms, it then allows individuals, small groups, and faith communities to understand their natural leanings in these areas and encourages them to grow in areas that need development.

Material Included

- Online assessment tool
- Church discipleship development strategy docs
- Downloadable small group workbooks
- APEST spiritual gifts assessment
- Accompanying YouTube video teaching materials
- Regular podcast

Suitable For

- Whole church approaches to creating a discipleship strategy and understanding their natural discipleship tendencies as a community
- Small groups to grow together as followers of Jesus way
- Individuals to identify their natural discipleship tendencies and areas that may need growth
- Ages 15+



ELEVATING THE CONVERSATION
AROUND DISCIPLESHIP AND
SPIRITUAL FORMATION





Practicing the Way

Location

https://www.practicingtheway.org/course

Description

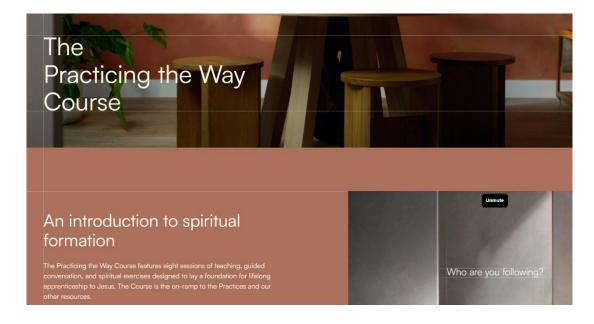
Created to help people understand both the nature and practice of discipleship in our current context, these resources focus particularly on moving people from the knowledge of Jesus' way to its practice. To do this, the material highlights key practices modeled by Jesus and his disciples and invites exploration of their application to our lives today.

Material Included

- YouTube teaching material
- Online spiritual assessment tools
- Extensive resources supporting each of the practices explored
- Free downloadable small group study guides
- Regular podcast

Suitable For

- Whole church approaches to creating a discipleship framework and shared community practices
- Small groups to practice following Jesus' way together
- Families to design together a rhythm of life to support spiritual development
- Individuals to create patterns for living based on practices found in the life of Jesus
- Ages 18+







Surprise the World

Location

Videos & material - https://www.crossover.org.au/surprise-the-world/
PDF - Missional People.pdf

Description

Centred around five habits of highly missional people, this resource provides a highly practical framework for people to embody their discipleship in their local communities. The material is very practical and approachable for all ages and stages of life.

Material Included

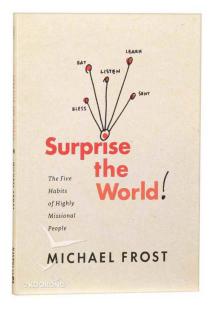
- Video
- Sermon guide
- Group study guide
- Children's program

Suitable For

- Communities of faith, small groups and families to establish some baseline practices for living out their faith in the wider community
- Ages 10+

Surprise the World

The Five Habits of Highly Missional People





Great to read together as a whole church or small group. Crossover has collaborated with Michael Frost to create Surprise the World resources for churches. See resources below.

Blurb:

Discipleship expert Michael Frost presents five routines that make evangelism a lifestyle that is fulfilling, effective, and easy to live out! Discover how the BELLS model – Blessing others, Eating together, Listening to the Spirit, Learning Christ, and being Sent by God – spreads the gospel organically.

Christianity is a surprising religion. It has changed the world in remarkable ways throughout history simply through Christians living out their faith. More recently, we've become afraid of a habituated Christianity, thinking that routines will rob our faith of its vitality. The net effect is that we've replaced the habits that surprise the world with habits that mimic the world?and both we and the world suffer for it.

Integrating the five habits in the BELLS model?Bless others, Eat together, Listen to the Spirit, Learn Christ, and understand yourself as Sent by God into others? lives?will help you spread the gospel organically, graciously, and surprisingly.





Reimagine

Location

https://licc.org.uk/ourresources/reimagine/ https://licc.org.uk/ourresources/reimagine-course/

Description

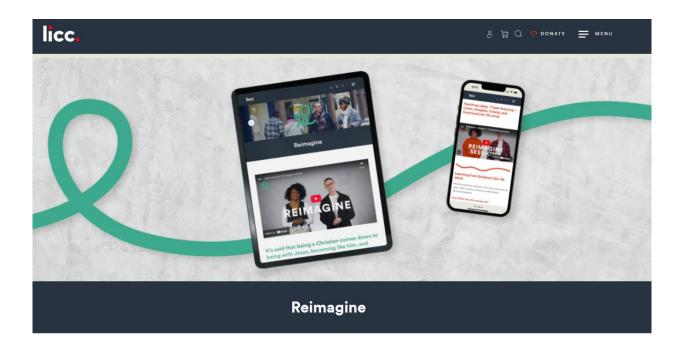
This material is designed to help people live distinctly like Jesus in all the places where life is lived. Created for small groups, it develops skills to help participants listen to the culture they are in and discover practical Christ-like actions to the challenges of life they face.

Material Included

- Video teaching sessions
- Small group facilitators session guide
- Limited season podcast

Suitable For

- Small groups wanting to reflect on how their faith intersects with the wider world they
 inhabit, particularly in the workplace, and develop patterns of response grounded in the
 way of Jesus.
- Ages 18-35 but not limited to this demographic







xp. Films

Location

Website - https://xpfilmseries.com/ Session 1 - https://youtu.be/7YqZlzgRfSM

Description

Short film series designed to help leaders start authentic conversations with young Australians about life and faith based on a computer game style motif.

Material Included

- Video teaching material
- Group facilitator guide
- Online discussion board

Suitable For

- Young people (13-20) exploring questions of faith and life through a narrative approach
- Particularly helpful for those connected to digital gaming culture
- Versatile for use outside of a church context, particularly in secondary school settings and early young adult environments







Who do you say I am?

Location

https://www.nswact.uca.org.au/resources/who-do-you-say-i-am/

Description

A 10-week Primary school aged (including Preps) discipleship curriculum through the book of Luke, written for Uniting Churches. Who Do You Say I am takes an age appropriate, trauma informed approach to understanding bible stories and getting to know Jesus through the people he met in his ministry.

Materials Included

- Full leader's guide
- Individual weekly worksheets
- Links to helpful resources

Suitable For

- All Primary school aged children (5-12)
- Families

Who Do You Say I Am?

A Sunday School Curriculum for Uniting Churches

Welcome to 'Who Do You Say I Am?' - a term long kids discipleship curriculum through the book of Luke, written for Uniting Churches. Who Do You Say I am takes an age appropriate, trauma informed approach to understanding bible stories and getting to know Jesus through the people he met in his ministry.

This term we will be walking through the book of Luke, culminating in a kids church service that aligns with Palm Sunday (if you are doing it in term 1 of the school year). If that doesn't work, both the curriculum and Palm Sunday service plan work fine as standalone resources you can utilise in your own contexts at any time.

We hope and pray this is a useful resource that blesses your work with Young People in your congregation.







NSW/ACT Synod Primary School Discipleship Resources

Location

Website - https://www.nswact.uca.org.au/resources/discipleship-resources/

Description

Ten sessions exploring key discipleship topics including what it means to follow Jesus? What is Prayer? and What is the Bible? Aimed primarily at Primary aged kids but can be a good discussion for anyone!

Material Included

- Leader's guide
- Full worksheets containing all materials
- Ideas for family and congregation engagement
- All ages chat ideas
- Application activities

Suitable for

- Congregations and families seek to help young people aged 6-14 explore following Jesus' way and developing practices of faith to nurture this
- Versatile for use by families, Sunday schools or communities of faith



In these resources, you will find explanations for leaders, ideas for families and congregations, all ages chat ideas, and worksheets and activities for children. It is mostly for Primary aged kids but can be a good discussion for anyone!

A special thanks to Della Tali who has worked so hard on this! Not forgetting Wez Champion, Darren Wright, Joyce Tangi and Ofa Foiakau for their contributions!

May they be a helpful contribution to your congregation!

Resources for Download

- Week 1 Walking the way of Jesus
- Week 2 What is mercy?
- Week 3 What is justice?
- Week 4 What is prayer?
- Week 5 What is prayer? Using the Psalms
- Week 6 Are we listening for God?
- Week 7 What is the Bible?
- Week 8 What is the Old Testament?
- Week 9 What are the Gospels?
- Week 10 What is the New Testament?





Uniting Church Assembly "Our Faith" video series

Location

Website - https://uniting.church/our-faith-discussion-guide/

Description

Six sessions exploring basic Christian beliefs from a Uniting Church perspective, to encourage small groups to live Jesus' way. The resource features Australian voices putting the journey of faith in plain language, exploring how the Scriptures and the Basis of Union provide the grounding for exploring who God is, Jesus, the Holy Spirit, how we approach the Bible, what it means to be the church, and how we share in God's mission.

Material Included

- 6 short video sessions
- Accompanying study guide for leaders and participants \$10

Suitable for

- Small groups to explore basic elements of Christian faith from a Uniting Church perspective
- Ages 15+



May 16, 2022

'Our Faith' is a <u>video series</u> produced for the Uniting Church Assembly exploring some basic Christian beliefs from a Uniting Church perspective. While the videos were released in 2019, there is now a small group discussion guide to accompany them.

The video series and discussion guide have both been produced for the Assembly by Dr Craig Mitchell, former Assembly National Director - Formation, Education and Discipleship, and are free to download.



