

# First Aid Kit Contents Checklist

Our work and mission locations require First Aid Kit(s) and include the following items as a minimum  
Restock and check expiry dates on a regular basis and at least annually and / or after use

**Congregation:**

**Kit Location:**

Item	Number	Tick Items checked -replace as required			
		March	June	Sept	Dec
<b>Instructions for providing first aid</b> - including cardio-pulmonary resuscitation (CPR) flow chart	1				
<b>Resuscitation mask (Laerdal)</b> - qualified personnel for resuscitation	1				
<b>Adhesive strips</b> (assorted sizes) - minor wound dressing- Box 50	1				
<b>Splinter probes</b> (single use, disposable)	5				
<b>Non-allergenic adhesive tape</b> - securing dressings and strapping	1				
<b>Eye pads</b> - emergency eye cover	2				
<b>Triangular bandage</b> - slings, support and/or padding	1				
<b>Hospital crepe or conforming bandage</b> - hold dressings in place	2				
<b>Wound/combine dressings-</b> control bleeding and covering wounds	6				
<b>Non-adhesive dressings-</b> wound dressing	6				
<b>Safety pins</b> - secure bandages and slings	5				
<b>Scissors (blunt/short-nosed</b> - cutting dressings or clothing	1				
<b>Kidney dish</b> - holding dressings, instruments	1				
<b>Gauze squares</b> - cleaning wounds – Pack 10	1				
<b>Forceps/tweezers (disposable)</b> - removing foreign bodies	1				
<b>Disposable nitrile, latex or vinyl gloves</b> - infection control	2				
<b>Sharps disposal container</b> - infection control and disposal purposes	1				
<b>Sterile saline solution or sterile water (10ml)</b> - emergency eye wash or irrigating eye wounds. Discard after opening	5				
<b>Antiseptic swabs (packs 10)</b> - cleaning wounds and skin -check allergies first	5				
<b>Plastic bags</b> -waste disposal	2				
<b>Disposable ice-pack</b> - strains, sprains and bruises	1				
<b>Sting relief</b> cream, gel or spray and heavy duty crepe bandage -insect / plant stings or snake bites	1				
<b>Note pad and pen/pencil</b> -recording the injured or ill person's condition and treatment given	1				
<b>Initial Person doing check/Date</b>					