



# List of Acceptable Behaviours

C/2.1.2.7.1

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## 1. Physical Boundaries

- 1.1. Only use appropriate physical contact which is responsive to the person or child's needs, initiated by the person or child, in full view and non-sexual.
- 1.2. Refrain from the use of physical restraint unless in circumstances where there is a clear risk of danger or physical harm and it is deemed reasonable and necessary in order to prevent an accident or injury, or to stop a fight or bullying behaviour.
- 1.3. Record and report all instances of physical restraint.
- 1.4. Enforce and reinforce personal space, and privacy.
- 1.5. Always remain in line-of-sight with at least one other adult leader or volunteer.
- 1.6. Always play your part to uphold the mandatory ratios for safe programs and activities.
- 1.7. Include a second person in the interaction as soon as practicable if a parent, child, young person, carer, or vulnerable adult:
  - 1.7.1. makes a disclosure
  - 1.7.2. becomes emotional, anxious, angry, or stressed whilst talking or interacting with you
  - 1.7.3. breaches emotional, physical, or behavioural boundaries

## 2. Emotional Boundaries

- 2.1. Respect the rights, dignity and worth of every person, regardless of the person's abilities, gender, religion or cultural background.
- 2.2. Lead by example with a positive attitude.
- 2.3. Avoid activities that may cause embarrassment, show disrespect, victimise or cause isolation.
- 2.4. Put the safety and well-being of children and vulnerable people first and encourage others to do the same.
- 2.5. Use words and actions which reflect Christian values and principles, both publicly and privately.
- 2.6. Work as part of a team and be accountable for your own actions.
- 2.7. Ask for help, guidance and support when needed, and respond constructively to correction and guidance.
- 2.8. Respond to concerns, incidents, accidents, and suspicion or knowledge of abuse in a timely and appropriate way which follows the church's mandatory reporting process.



- 2.9. Treat other people, their personal details and sensitive information, with respect and dignity.
- 2.10. Avoid developing blurred emotional boundaries, by avoiding being overly familiar or emotionally attached to a particular vulnerable individual, child, young person, carer, parent or family.
- 2.11. Debrief after any incident, whilst maintaining confidentiality.

### 3. Behavioural Boundaries

- 3.1. Communicate respectfully with others.
- 3.2. Maintain group behaviour by positive strategies such as:
  - 3.2.1. restating behavioural expectations and consequences,
  - 3.2.2. use of diversion techniques,
  - 3.2.3. maintaining a safe distance and retaining line of sight,
  - 3.2.4. supervised time-out,
  - 3.2.5. providing opportunities to discuss issues and problems.
- 3.3. Model healthy relationships with others.
- 3.4. Be mindful of the imbalance of power that exists in relationships with vulnerable people, including adult-child relationships.
- 3.5. Take care not to abuse any social or professional power that comes with any personal attribute, or role or position held in the Church or professionally or in the community.
- 3.6. Build appropriate, and accountable relationships with those who are vulnerable, including children and their families (*also refer to 2.10 above*).

### 4. Spiritual Boundaries

- 4.1. Show respect and sensitivity to the child or individual's own culture and religion.
- 4.2. Be mindful of the spiritual development of children and vulnerable individuals.
- 4.3. Interact in a manner which is appropriate to the individual's stage of development.
- 4.4. Act to enhance a positive relationship with God as a God of grace, love, acceptance, trust and forgiveness.
- 4.5. When involved in a teaching role (e.g. Sunday School) adhere to the use of teaching materials which have been approved by the church council and remain within the theology of the church.

## Information and support

Information and support can be obtained from the Safe Church Assurance and Support Officer on 07 3377 9983 or [safechurch@ucaql.com.au](mailto:safechurch@ucaql.com.au)



## Revisions

Document number		C/2.1.2.7.1			
Version	Approval date	Approved by	Effective date	Policy owner	Policy contact
1.0	20.02.2025	Program Manager, Risk and Assurance	20.02.2025	General Manager, Risk and Safeguarding	Safe Church Assurance and Support Officer
Next scheduled review		20.02.2029			