



Rejoice

TOGETHER ONE AND ALL!

WORSHIP RESOURCE

This resource has been created by a collaborative team from across the Queensland Synod of the Uniting Church, to help congregations, communities and families celebrate Advent together intergenerationally. In this document you will find bible readings, themes and suggestions for prayers and activities, to assist with weekly worship preparation for the four Sundays of Advent, Christmas Day, and the Sunday after Christmas.

During this season of Advent and Christmas, we will use the lectionary readings (RCL year C) to Rejoice together one and all. Each week is themed:

- Advent One: December 1st Rejoice and SEE
- Advent Two: December 8th Rejoice and HEAR
- Advent Three: December 15th Rejoice and ACT
- Advent Four: December 22nd Rejoice and FEEL
- Christmas: December 25th Rejoice and CELEBRATE
- Post Christmas: December 29th Rejoice and KNOW

This resource is also connected with ***The Great Advent Challenge*** and ***Advent at Home*** materials, which, used together, can enhance Family and Household Nurture by connecting what happens in worship on Sunday, with the ordinary, everyday parts of life. These materials are designed to be printed and made available to congregation and community members. They contain follow up and additional reading and reflection questions, challenges and activities to engage with during the week. There are also ideas for serving in mission and responding with compassion.

An ***Early Learning Resource*** is also available for childcare, playgroup, and other children's ministries to help these groups and programs connect with the theme, and connect activities in church, home, and the community.

The full suite of resources will be available to download from the Qld Synod Hub at <https://hub.ucaqld.com.au/church-life/discipleship-mission/#seasonal-resources>

For extra resources based on this theme check out the Intergen 2025 Lectionary Year C resources at <https://intergen.org.au/yearc2025adventchristmas>

What's Included?

Each week of the worship resource includes biblical themes to get you thinking, liturgy including a Call to Worship and Candle lighting, as well as additional suggestions for Bible readings, Prayers, Interactive activities, a mini message and sermon ideas. There are also weekly posters that can be used to create an expanding visual and interactive part in your worship space forming a focal point during the service.

During worship we have a unique opportunity to model to those in our community what it can look and feel like to encounter Jesus, experience Intergenerational connections, and hear God's Big Story. We encourage you to lean in and explore what this means for you and your community.

We pray that this resource will help you prepare worship that connects your community and helps you Rejoice together, one and all. If you have any questions about the resources, or how to use them, please contact the Qld Synod Mission Accompanying Team at discipleship@ucaqld.com.au.

Our deepest thanks to everyone who has helped to bring together this resource. We are blessed by your gifts, and we couldn't have done it without you and your contributions. Special thanks to Kath Ruhle, Josie Neuendorff, Paul Wetzig, Beth Nicholls, Richard Moors, Neil Storey, Paul Clark, Willie Liebenberg and Tamar Petersen (Red Box Studios).

Being Intergenerational

At the heart of the Uniting Church's understanding of what it means to belong to the Church, is an affirmation that every member, of every age, from every culture, no matter their gender, is called to confess the faith of Christ crucified and to be a follower of the way of Jesus. Through the gift of the Spirit, every member is equipped for their discipleship and expected to use those gifts for ministry in the world, (Basis of Union, paragraph 13).

As a Christ-centred community, the Uniting Church is called to be a place where our gathered life, including worship, embraces all generations. Because of this, and the impact that intergenerational connections have on life-long Discipleship, these Advent materials, are designed specifically to help give you some easy-to-use tools to practice and model being intergenerational in your community. For more information and tools for exploring Being Intergenerational visit <https://uniting.church/intergenerational-vision/>

For more ideas and Intergenerational Worship Resources visit <https://intergen.org.au>

What is Being Intergenerational?

- Being intergenerational involves at least two different generations **intentionally engaging together**, NOT everyone being together all the time!
- Being intergenerational involves **valuing and respecting each generation**, NOT simply focusing more on younger generations!
- Being intergenerational involves different generations **engaging together in respectful relationships** marked by **mutuality** (all benefit), **reciprocity** (all give and receive) and the **recognition that God equally values all**, NOT just being in the same space at the same time!
- Being intergenerational involves **intentional action, the modelling and deliberate cultivation** of the values, attitudes and behaviours that enhance intergenerational engagement, from all those in leadership and who have influence, NOT just those in specific roles!
- Being intergenerational is primarily about **creating, encouraging, and deepening relationships** across generations, NOT about activities, programs, or style of worship!

When thinking about making worship more intergenerational:

- Give high priority to visuals and movement,
- Include fun, excitement, and surprise!
- Provide opportunities for interaction and conversation in small intergenerational groups within the worship service, and encourage these before and after worship too,
- Provide multi-sensory experiences, including touch and taste as well as sight and hearing,
- Use language that is hospitable, invitational, inclusive and easily understood by everyone,
- Ensure explanations, invitations and directions are clear so that participants know what is expected, and that they have permission to try (or not to),
- Involve different people from a range of generations in preparing and leading, and
- Ensure invitations to programmed movement (e.g., actions, dancing, clapping during songs) are inclusive of all, respectful of different abilities, and can be modified to suit as required.

Visit <https://uniting.church/being-an-intergen-church-papers/> for more.

Table of Contents

Being Intergenerational.....	3
Advent One: 1 December – Rejoice and See	5
Advent Two: 8 December - Rejoice and Hear	9
Advent Three: 15 December – Rejoice and Act	13
Advent Four: 22 December – Rejoice and Feel.....	18
Post Christmas: 29 December – Rejoice and Know	26
Worship Song Suggestions for Rejoice!	29
Advent Candle Liturgy, Rejoice!	30
Coloring Posters.....	41

Advent One: 1 December – Rejoice and See

What are you looking for this Christmas? What are you seeing?

Take a good look around and notice things that you may never have noticed before – a newly formed spider web, a plant flowering in your neighbourhood, a new Christmas ornament, someone's earrings, a homeless person, a worried look.

As you hear the Bible readings, what images do you see? Imagine yourself in the readings and look around. What do you see on the surface? What is revealed to you if you look a little deeper?

This Advent, what gives you reason to rejoice? What makes you stop and reflect?

Maybe you:

SEE the signs of hope.

SEE the uncontained joy of children.

SEE God at work through other people.

Bible Readings:

[Jeremiah 33: 14-16](#), [Psalm 25: 1-10](#), [1 Thessalonians 3: 9-13](#), [Luke 21: 25- 36](#).

Extra readings:

[Philippians 4: 4-9](#)

Bible Reading Themes:

The lectionary Bible readings are full of imagery, things that need to be seen – paths, branches growing, distress of the earth, roaring sea and waves, fainting, Son of Man coming in a cloud, a fig tree, and traps. As you look at the imagery and go deeper, what is being revealed about God and the plan for humankind?

- God's promise/covenant to David
- The paths of the Lord – steadfast love, faithfulness, truth, goodness and uprightness
- Praying to God – teach me your paths, increase our love for one another, strengthen our hearts in holiness
- The coming of the Son of Man
- Looking for the signs – the Kingdom of God is near
- Watching and waiting
- Rejoice in the Lord always
- Paul's urgings to the Philippians

Please note:

Today's theme is a very visual one. We ask people to actively look around and take in their surroundings. If there are people in your congregation who are visually impaired, please consider how you may include them. You might do this by using imagination, by describing the visuals used throughout the service, or by inviting visually impaired people to share about how they 'see' God at work.

Set Up

- Have an art gallery with exhibits depicting the word REJOICE!
- Have an art corner where people can paint, draw or sculpt during the service OR have a table full of creative resources that people can use during the service.
- Display the SEE poster.

Introduction and Call to Worship

In Christian circles the word REJOICE is common. We hear it during Church liturgy, we sing songs about it (over 10,000 search results in song select), and we read it in the Bible (over 200 times). However, the word rejoice is rarely used or heard in community settings. When was the last time you heard someone use the word REJOICE? What does it mean to rejoice? When do we rejoice? Here are some definitions:

- To feel or show great joy or delight. Oxford Dictionary
- To feel or show that you are very happy about something. Britannica
- To feel joy; to experience gladness in a high degree; to have pleasurable satisfaction; to be delighted. Webster's Dictionary

Watch this lovely video of a child rejoicing in a music class. <https://www.youtube.com/watch?v=UctRZ91m9XA>

Invite people to share, in small huddles, things that they have been rejoicing about. Some of these responses may be shared with the wider group.

In advance, ask several people to write down something that they want to thank God for – something that makes them rejoice. Use these responses during this call to worship based on Philippians 4:4. For example:

Rejoice in the Lord always and again I say rejoice!

Thank you, God, for the cool breeze on a warm day and the chirping of crickets.

Rejoice in the Lord always and again I say rejoice!

Thank you, God, for the smile of a newborn baby.

Rejoice in the Lord always and again I say rejoice!

Thank you, God, for your ever-present love.

Rejoice in the Lord always and again I say rejoice!

Prayer Ideas

Prayer for Others:

- Use images, as well as words, during the prayer for others.
- Give a newspaper, or news headlines, to each huddle (as formed in call to worship above) – invite huddles to pray for the people and situations they see in the newspaper.
- Give each person a small piece of rainbow [scratch paper](#). As different people and situations are mentioned in the prayers, write the names/words on the scratch paper, revealing the bright colours.

Prayer of Confession:

During this prayer of confession, gently touch the sides of your eyes every time you hear the word **look** or **see**.

Dear God

We are sorry for the times when we **look** around and ignore the sadness, pain, and desperation we **see** in others.

We are sorry for the times when we **look** at your amazing creation and don't acknowledge you as creator God.

We are sorry for the times when we **look** so much at our screens that we fail to really **look** at, or **see**, those closest to us.

We are sorry for the times when we **look** at, and desperately want what others have, instead of being grateful for what you have provided.

We are sorry for the times when we **look** at ourselves with critical eyes instead of **seeing** ourselves through your eyes.

Open our eyes so that we can **look** at your world in a new way and forgive us for when we fail to respond or act on what we **see**.

Amen

The great news is that God looks at us with compassion. God hears our prayers and forgives us.

Interactive activities, mini message or sermon ideas**Weekly Theme:**

- Read the book **Joy** by Corinne Averis
 - What joyful things would you try to catch?
 - Like the grandma in this book, is there anyone, in your life, who needs a reason to rejoice?
 - How might you be able to help them this Advent?
- If you have set up an art display, allow time for people to walk around and look at the pictures? In huddles, people can talk about the following questions:
 - Which picture do you think best depicts the word *Rejoice*?
 - How would you capture the word *Rejoice* in a picture?
 - What has God done in your life that has made you rejoice?
- Share about the first time you saw something that moved you to rejoice - a baby being born, amazing scenery, a Christian rally with hundreds of people, sun setting over water, a platypus in the wild.
- Warm up your eyes (and brains) by looking at objects and guessing what they are:
<https://www.youtube.com/watch?v=WljZgFjiDfQ>

Lectionary Themes:

- Share about a time when you've waited to see something – a rocket landing on the moon, a long-lost family member, a child being married. Etc
- Show unusual road signs and ask people to guess what they mean.

Bible Reading Ideas

Jeremiah 33: 14-16

- During the reading play a video of a tree growing (timelapse)
<https://www.youtube.com/watch?v=dZB59iV3Bbk>

Psalm 25: 1-10

- During the reading, have someone paint a long path. People can be invited to listen out for, and then write words on the path which reflect what they would like the Lord to teach/show/guide them with this Advent.
- Alternatively, people can draw their own path on a sheet of paper and write words that come to mind during the reading.

Luke 21: 25- 36

- Invite people to close their eyes and picture all the visual elements of this reading.

Philippians 4: 4-9

- Read the passage two or three times. During each reading, invite people to write down words that stand out to them. They might like to use different colours and fonts.

Other Ideas

Reflection:

Collaboratively make a REJOICE picture which can be displayed during Advent. Have the word rejoice in the middle of a canvas and invite participants to splatter (using sponges with different coloured bright paint) on the canvas. Pray for people who are, or might be, struggling to rejoice at this time.

Ideas for painting: <https://www.firstpalette.com/craft/sponge-painting.html> and <https://www.teaching-tiny-tots.com/sponge-painting.html>

Lighting the Advent Candle

What you need:

- 5 candles of any colour – you might choose to keep with the traditional 3 purple, 1 pink and 1 white, or you might like to do something different this year. If you are using traditional coloured candles, keep the pink candle of joy for advent week four.
- A candle lighter
- 2 voices
- The script

See script at the end of this document

Advent Two: 8 December - Rejoice and Hear

What are you hoping to hear this Christmas? This week, take the time to stop and listen.

What sounds, noises and/or words are loud, and pervasive? What are some of the quieter sounds you hear around you, and within you? What sounds do you hear that you may not have heard before?

As you listen to the Bible readings, what do you hear? What words jump out at you? What phrases stand out? What are your inner thoughts saying to you?

This Advent, what gives you reason to rejoice? What makes you stop and reflect?

Maybe you:

HEAR words of encouragement.

HEAR the call of birds.

HEAR God speaking to you.

HEAR the joyful sounds of Christmas.

Lectionary Readings

[Malachi 3: 1-4](#), [Luke 1: 68-79](#), [Philippians 1:3-11](#), [Luke 3: 1-6](#)

Bible Reading Themes:

The Bible readings are full of declarations, proclamations, and prayers. Imagine being in the readings – what sounds do you hear? What do the voices sound like? What are people saying/shouting? As you hear the words and sounds go a little deeper – what is being revealed about God and what is God saying to you?

- Declarations and Proclamations – “And you, child, will be called the prophet of the Most High”, “Prepare the way of the Lord”, “Indeed he is coming”, “I am sending a messenger”.
- John the Baptist proclaiming a baptism of repentance for the forgiveness of sins.
- Prophecies
- He is coming!

Please note:

Today's theme invites people to actively listen. If there are people in your congregation who have auditory impairment, please consider how you may include them. You might do this by using some sign language, by describing the sounds that are used throughout the service, or by inviting auditory impaired people to share about what it means for them to 'hear' and rejoice.

Set Up

- Deliberately strip back the Church or worship space so that people can focus on listening rather than be distracted by what they are seeing.
- Display the HEAR poster.

Call to Worship

Let's close our eyes and focus on the sounds within, and around us.

As we breathe in and out, listen to your body. What do you hear?

Tune in to what God might be saying to you.

As we expand our listening to the sounds around us, what do you hear?

Tune in to what God might be saying to you.

As we expand our listening beyond this building/area, what do you hear?

Tune in to what God might be saying to you.

Listen and rejoice!

God created the birds that sing, the elephants that trumpet, and the snakes that hiss.

Listen and rejoice!

God created the waves that roar, the breeze that rustles through the trees, and the fire that crackles.

Listen and rejoice!

God created us – people who breathe, laugh, cry, sigh, burp, sing, shout and proclaim.

Let's come together and rejoice.

Prayer Ideas

Prayer for Others

- Foil prayer for Others: Give a piece of foil (6x6cm is big enough) to each person
 - Place the piece of foil shiny side up: think of the good things in your life.
 - Lightly scrunch the foil into a loose ball: think of people who find life tough.
 - Smooth out the foil again: think of people who help others (smooth things out) – parents, teachers, doctors etc.
 - Make a letter out of the foil: think of something or someone who starts with that letter.

Adapted from <https://flamecreativekids.blogspot.com/2016/04/interactive-prayer-foil-intercessions.html>

Prayers of Confession

- Listen and watch **Forgive Me, Lord** by Nathan Surgenor <https://www.youtube.com/watch?v=x-1-oVxeu4>
- Paper Confession Prayer: Listen to the sound of the paper ripping and scrunching as you write down prayers of confession and then scrunch/rip them up.

Adapted from <https://flamecreativekids.blogspot.com/2012/06/prayer-stations-by-children-forgiveness.html>

- Malachi 3: 1-4 prayer ideas (Fuller's soap, refining, refining):
 - Dissolvable paper prayer – write a prayer of confession on dissolvable paper and place it in water. Gently run your hands through the water and watch the confession disappear.
 - During the prayer of confession have the sound of running water playing or have people wash their hands with soap.

Interactive activities, mini message or sermon ideas**Weekly Theme:**

- Share about something that you love listening to.
- Warm up your ears (and brains) by listening to, and guessing, the sounds in this clip:
<https://www.youtube.com/watch?v=9EmAe3xMfD0>
- What does it mean to actively listen? Here's a funny video: The Big Bang Theory Active Listening.
https://www.youtube.com/watch?v=3_dAkDsBQyk When is it easy to listen and hear? When is it difficult?
- Read the book, **The Rabbit Listened** by Cori Doerrfeld
<https://www.youtube.com/watch?v=rBjAWkog9n0>
 - What does listening mean to you?

Lectionary Theme:

- Share about a time when you:
 - heard someone make a declaration or proclamation – in real life or on a video – and how that made you feel.
 - heard something that made you stop and reconsider or change paths.
 - boldly declared something.
- Invite someone to answer a series of questions with a 'declaring' voice. Even if the answer doesn't need a declaring voice encourage the responder to use their biggest and boldest declaring voice. Some questions might be:
 - How are you?
 - What have you been doing this weekend?
 - What is one thing you love about Christmas?
 - If you could make a difference in the world, what would you do?

Bible Reading Ideas

The Malachi and Luke 1 readings are both prophecies about the one who is coming to prepare the way for Jesus. The Luke 3 reading is the fulfillment of that prophecy. To bring these readings to life, and so that people can hear the similarities of the readings, you may like to have three readers, dressed in character (Malachi, Zechariah, John), boldly proclaiming the prophecies and proclamations. Invite people to listen to the similarities and what is being declared.

[Luke 1:\(67\)68-79 \(80\)](#)

- Have the Bible reader dress as Zechariah, holding a baby. Invite people to listen out for the prophecy for this child (John and Baptist).

[Luke 3:1-6](#)

- Before the reading, invite everyone to practice saying the Luke 3:4-6 proclamation using different voices – normal reading voice, whisper, loud and bold. During the reading, invite everyone to say the proclamation using a loud and bold voice.

Other Ideas:

- Listen to music:
 - **I'm Listening** by Chris McClarney <https://www.youtube.com/watch?v=hrfDIQ15NSM>
 - **Voice Of God** by Dante Bowe https://www.youtube.com/watch?v=hP5u4BUcq_U
- Have a time of silence when people can listen to God.
- Make a scroll with a declaration – what is God calling you to declare this Advent?

Call to Worship or Prayer

Have two people ready to read the prayer loudly and confidently. Or divide the congregation into two groups and assign Voice 1 to one group and Voice 2 to the second group.

Ask families and individuals to take out their mobile phones, and choose one sound that they like to hear (music, podcast voice mail, audio book, etc.) Don't play it yet. Don't spend too much time choosing – you've got 30 seconds to find something. Please turn your phone volume up. If you didn't bring your mobile into worship. You can sing a song or make the noise you want to listen to on the mobile.

Now. Please hear these instructions: when I say, "let's listen", everyone together, play what you have selected. Then as you listen, think about what you hear. When I hold up my hand please stop.

Ok everyone. "Let's Listen". What do you hear? (allow about 30 seconds) then hold up your hand. Ask everyone to turn their phone off.

Ask: What did you hear? Get feedback.

Alternate Call to Worship/ Prayer (inspired by Malachi 3:1-3)

Voice 1	Listen everyone,
Voice 2	Hear God's voice as we worship.
Voice 1	God is sending a messenger to us.
Voice 2	Who will announce God's way.
Voice 1	Who will be like a refiner's fire.
Voice 2	Cleansing us to new hope.
Voice 1	Forming us as God's people.
Voice 2	Let today be the day that you hear.
Everyone	The Good news is coming in Jesus. Rejoice and hear!

Play the game: "Name that sound".

Record a number of familiar sounds, 2 or 3 seconds long. You could play individually, or in teams (divide the congregation into teams)

How the game works: Play a sound. Hand up if you know what it is. A point for each right guess.

Lighting the Advent Candle

See script at the end of this document

Advent Three: 15 December – Rejoice and Act

What are you doing this Christmas? How are you acting? Where, and how are you spending your time?

Take a moment to think about what you want to be doing this Advent. How do you want to act? Do you need to stop some things so that you can do the things that are important to you?

What in the Bible readings calls you to action? What in the Bible readings makes you want to act in a different way.

This Advent, what gives you reason to rejoice? How does this rejoicing make you want to act?

Maybe you want to:

ACT with a sense of purpose.

ACT to serve others.

ACT to make a difference.

ACT to share the good news.

ACT to share God's love.

Lectionary Readings

[Zephaniah 3:14-20](#), [Isaiah 12:2-6](#), [Philippians 4:4-7](#), [Luke 3:7-18](#)

Bible Reading Themes:

The Bible readings are full of verbs and calls to action.

- Rejoice and give thanks
- Do not fear for God is with us, God is our strength and might
- God's plan for restoration
- What shall we do? What is our role – deal with oppressors, save the lame, gather the outcast, change shame into praise
- John proclaiming the Good News with power, confidence and strong words
- Crowds asking, "What shall we do?"

Please note:

Today's theme invites people to move and act. If there are people in your congregation who have movement impairments, please consider how you may include them. You might do this by adapting some of the activities or giving alternative movement ideas. You may invite someone with a movement impairment to share about what it means for them to rejoice and 'act'.

Set Up

- Display the ACT poster
- Have a number of stations around the room which encourage people to act/move.

Call to Worship Ideas:

Read Isaiah 12:2-6 (The Message) with people joining in:

“Yes, indeed—God is my salvation.

I trust, I won’t be afraid.

**GOD—yes GOD!—is my strength and song,
best of all, my salvation!”**

Joyfully you’ll pull up buckets of water
from the wells of salvation.

And as you do it, you’ll say,

“Give thanks to GOD.

Call out his name.

Ask him anything!

**Shout to the nations, tell them what he’s done,
spread the news of his great reputation!**

“Sing praise-songs to GOD. He’s done it all!

Let the whole earth know what he’s done!

Raise the roof! Sing your hearts out, O Zion!

The Greatest lives among you: The Holy of Israel.”

Call to Worship based on Isaiah 12:2-6.

Divide people into two groups. One group says and does actions for the repeated line ‘Sing, shout and rejoice!’ and the other group says and does actions for the statements about God. You may repeat it with everyone swapping parts.

Sing, shout and rejoice (touch lips, hands out, hands up)

For God is in our midst. (hands out)

Sing, shout and rejoice

For God has done great things. (thumbs up)

Sing, shout and rejoice

For God protects and cares for us. (embrace body)

Sing, shout and rejoice

For God is full of love. (hands to heart)

Sing, shout and rejoice

For God is full of strength and might. (Show muscles)

Sing, shout and rejoice

For God welcomes us all. (beckoning arms)

Sing, shout and rejoice!

Prayer Ideas

Prayer of Confession (based on Zephaniah 3: 14-20):

During this prayer, invite people to do three simple actions – “Forgive Us”: hands on heart, “Wash Us Clean”: rub hands together, “Burning Desire”: hands make flickering flame action with fingers.

God,

You are a God of action!

You gather the outcast, you heal the sick,

You love the unlovable, you do the unimaginable,

and you constantly shower your love on us.

We come to you today aware that we often don’t follow your example.

For the times when we see someone who needs help, and we don’t act.

Forgive us. Wash us clean and give us a burning desire to act.

For the times when we are so focussed on ourselves that we fail to see the pain that others are suffering.

Forgive us. Wash us clean and give us a burning desire to act.

For the times when our indifference and apathy hurt others.

Forgive us. Wash us clean and give us a burning desire to act.

For the times when we ignore your promptings to help others

Forgive us. Wash us clean and give us a burning desire to act.

For the times when we don’t acknowledge all that you have done in our lives.

Forgive us. Wash us clean and give us a burning desire to act.

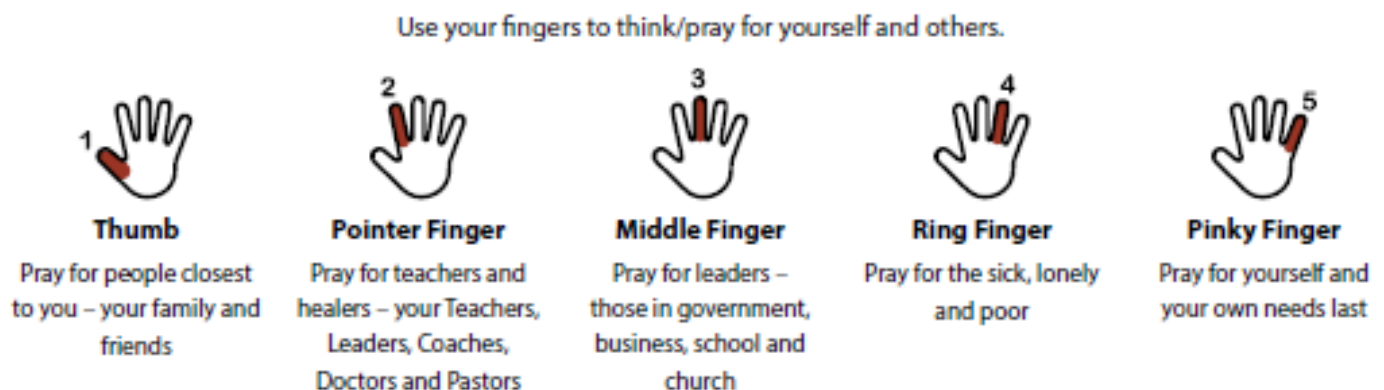
Be glad and rejoice with all your heart for the Lord is in our midst and has taken away the judgements against us. We are free to love and serve others as God has loved us.

Prayer for Others

Active Prayer Stations: Set up active prayer stations around the room

- Five Finger Prayer: Use your fingers to pray for yourself and others.
 - Thumb: Pray for people closest to you – your family and friends
 - Pointer: Pray for teachers and healers – your Teachers, Leaders, Coaches, Doctors and Pastors
 - Middle Finger: Pray for leaders – those in government, business, school and church
 - Ring Finger: pray for the sick, lonely and poor
 - Pinky: pray for yourself and your own needs last

Reference <https://www.imom.com/printable/five-finger-prayer/>



- Scrabble prayer: Use scrabble tiles to make prayer words – you could make words that represent things that you are rejoicing in, things that you'd like to pray for, and/or things that you are grateful for.
- Stretch and Pray:
 - Stretch your arms up high for 30 seconds: Focus on who God is.
 - Bend over and stretch down for 30 seconds: Thank God for all that God has done in your life.
 - Stretch your arms and body to the left side for 30 seconds: Pray for your family and friends.
 - Stretch your arms and body to the right side for 30 seconds: Pray for difficult situations around the world.
 - Give yourself a big bear hug for 30 seconds: Ask God to be with you during the day -guiding, helping and supporting.
- Lego prayer: use Lego or Duplo to pray. This is one way you can use them <https://orchardcc.org/wp-content/uploads/2020/04/lego-prayer.pdf>

If using the book, *The Circles all Around Us* (see below), pause and pray, as the circle widens.

- Pray for ourselves
- Pray for family
- Pray for friends
- Pray for people in our community
- Pray for people who we haven't met
- Pray for people who are ignored or hard to like
- Pray for all people

Interactive activities, mini message or sermon ideas

Weekly Theme:

- Have a drama based on a Fitness Instructor named Joy. Joy can lead everyone in some active fitness moves based on who God is. Some ideas are:
 - Reach up to praise God
 - Tap heart and reach out to spread God's love
 - Pull arms in to show how God gathers the outcast
 - Walk feet – God walks with us
 - Boxing arms for God is a God of power and strength
- Read **Sister Lucy's Great Big Family** by Susie Poole https://koorong.com/product/sister-lucy-s-great-big-family-susie-poole_9781788933193
- Read **The Circles All Around Us** by Brad and Kristi Montague <https://www.youtube.com/watch?v=kp7viQaaUOg> (see above for prayers for others idea using this book)

Lectionary Themes:

- Share about a time when:
 - you have felt a call to action – to love others, to change your behaviour, to step out of your comfort zone.
 - you had to rely on God to do something that you thought was too hard? How did God provide peace/strength/confidence?

- others jumped to action to help/support you? How did that make you feel?
- Invite people to share about how God is working through your Church community or wider Christian organisations to actively help others.

Bible Reading Ideas

Luke 3: 7-18

- Invite people to join in by saying and doing the actions for the repeated phrase “What then should we do?”
- Have five different readers – narrator, John, Crowd, tax collector and soldier.

Other Ideas

- As a Church, spend time doing something practical to love others – make paper flowers, biscuits, letters/cards.
- Sing some action songs
 - [Rejoice in the Lord Always](#)
 - This Little Light of Mine
 - [Every Move I Make](#)
 - [Be Happy \(I'm Gonna Jump up and Down\)](#)
 - I've Got the Joy, Joy, Joy
 - [My Lighthouse](#)
- Watch **Do Something** by Matthew West https://www.youtube.com/watch?v=b_RjndG0IX8
 - What would you write on a piece of cardboard? What are you going to do?
- Watch **Make a Difference** by Danny Gokey <https://www.youtube.com/watch?v=VOclXz4bzqM>
 - How can you make a difference? How can you use your hands and feet and not just your voice?
- Dance along with **Give a Little Kindness** by Orange Kids
<https://www.youtube.com/watch?v=VzsQzQPhgwQ>
- Play a Game of Simon Says to warm up our bodies for action.

Lighting the Advent Candle

See script at the end of this document

Advent Four: 22 December – Rejoice and Feel

What are you hoping to feel this Christmas? It could be an emotion, or it could be something you feel with your body – sand under your feet, a cool breeze, clean sheets, the warmth of an embrace.

As you engage with the Bible readings, what do you feel? Put yourself in the readings and be aware of your feelings. How is your body reacting? What is revealed to you through those feelings?

This Advent, what gives you a feeling of rejoicing? What moves you beyond your logic and reasoning to stop and wonder?

Maybe you:

FEEL a sense of excitement.

FEEL nervousness before trying something new.

FEEL the warm embrace from a loved one.

FEEL God's presence.

Lectionary Readings

[Micah 5: 2-5a](#), [Psalm 80: 1-7](#), [Hebrews 10: 5-10](#), [Luke 1:39-55](#)

Bible Reading Themes:

The Bible readings are full of feelings. Put yourself in the readings and think about how you feel – maybe confident, hopeful, joyful, frustrated, fearful, sad, angry, confused, excited, and/or concerned?

- Mary's joy and song of praise (in a time of uncertainty)
- Blessed
- Unusual town/people being used by God
- Psalm – God in the midst of our emotions
- Crying out to God

Set Up

- Display the FEEL poster
- Set up stations around the room with materials and objects with different textures
- Have pictures with different emotions

Call to Worship

During this call to worship, invite people to act out the emotions, pausing at each emotion to give time.

Whether we come feeling a sense of excitement, or a sense of nervousness,
Whether we come feeling a sense of joy, or a sense of sadness,
Whether we come feeling awake or tired,
Whether we come feeling calm or feeling irritated,
Whether we come feeling confident or feeling confused,
Whether we come feeling appreciated or neglected,
God is here.
God welcomes us, accepts us, and embraces us
And because of that our spirits can rejoice together.

Prayer Ideas

Prayer of Confession based on Psalm 80: 1-7

During this prayer of confession, invite people to embrace themselves every time they hear the word **feel**.

Thank you, God, that we are people who **feel**.
We **feel** the sense of excitement as we try something new,
we **feel** angry at the injustice that we see around us,
we **feel** tiredness at the end of a productive day,
we **feel** nervous before trying something new,
and we **feel** loved by the embrace of a friend.

We are also aware that we sometimes neglect to use our feelings in ways that bring you glory.

For the times when we **feel** angry and lash out at others in hate

Restore us God: let your face shine that we may be saved.

For the times when we **feel** a lack hope and don't trust you

Restore us God: let your face shine that we may be saved.

For the times when we **feel** carried away by our own excitement that we fail to see the suffering of others

Restore us God: let your face shine that we may be saved.

For the times when we **feel** jealous and pull others down instead of lifting them up

Restore us God: let your face shine that we may be saved.

For the times when we **feel** too proud to acknowledge the hurt that we have caused others

Restore us God: let your face shine that we may be saved.

Thank you for your forgiveness. Please help us to use our feelings to love and build others up, to glorify you,
and help us live the lives you call us to.

Amen

Prayer for Others

Set up different tactile 'feeling' prayer prompts around the room. Allow time for people to move around the room, in their own time, to feel, and to pray. Some ideas are:

- Rock – pray for situations that are hard.
- Water – pray for people who live across the sea.
- Playdough – make a letter of the alphabet out of playdough to represent someone you'd like to pray for.
- Rough – pray for people who are having a rough time.
- Smooth – thank God for people who smooth the way and make life easier for us.
- Soft – pray for people who need love in their lives.
- Prickly – pray for people who come across as prickly.

Interactive activities, mini message or sermon ideas

Weekly Theme:

- Play 'Pull a Face'
 - Every time the leader claps, people 'pull a face' and freeze with a different emotion.
- Guess the Emotion
 - Show a number of emoji emotion faces and people guess what they are. You could use these videos: https://www.youtube.com/watch?v=Ul6OjR_tyqw, <https://www.youtube.com/watch?v=LQAmpBR88mk>
- Look at an emotion sheet/ feelings chart and invite people to share, in huddles, how they are feeling during Advent. This could then extend to how people feel during the Bible readings.

Lectionary Themes:

- Share about:
 - a time when you praised God even though things may have felt uncertain or sad.
 - a time when God used you in unexpected ways – how did that make you feel.
 - how you experience God's presence through your emotions.
 - a time when you've felt mixed emotions.

Bible Reading Ideas

Read Luke 1:39-55 using actions for the following words:

Haste: Fast feet and arms

Filled: Beckoning arms to chest

Leapt: Bounce in seat (or jump to feet)

Blessed: Hands on heart

Joy/Rejoices: Hands in the air

Lowly/Lowliness: Head bowed

Mercy: Hands together, palms open to receive

Other Ideas

Watch **God Is In This Story** by Katy Nichole and Big Daddy Weave

<https://www.youtube.com/watch?v=ryD3D9X2myk>

- What 'torn-up' pages have you had in your life? How did those times make you feel?
- When have you felt God's hope?
- How have you felt God in your story?
- What is God saying to you, through your emotions, during this song?

Lighting the Advent Candle

See script at the end of this document

Christmas: 25 December – Rejoice and Celebrate

What are you celebrating this Christmas? In the busyness of Christmas, take the time to stop and ponder all that you've seen, heard and felt this Advent. What have you learnt? What has surprised you? What has brought you joy?

As you hear the Bible readings, what makes you want to celebrate? What is revealed to you if you look a little deeper?

This Christmas, what gives you reason to rejoice? What makes you stop and reflect? What makes you celebrate?

Maybe you:

- CELEBRATE what the Christmas story means in our society, today.
- CELEBRATE what makes you rejoice.
- Consider who could CELEBRATE this good news with you.
- Consider what you might be able to still CELEBRATE despite all that is happening around you this Christmas.

Lectionary Readings

[Isaiah 62:6-12/52:7-10](#), [Psalm 97/98](#), [Titus 3:4-7](#), [Hebrews 1:1-4](#) (5-12) [Luke 2](#) (1-7), 8-20, [John 1: 1-14](#)

Other Readings

[Luke 1: 26-37, 46-56](#), [Luke 1: 39-45](#)

Bible Reading Themes:

The Bible readings are full of interesting characters – messengers, sentinels, enemies, emperors, angels, shepherds, Mary, Joseph, and Jesus.

How did the interesting characters in these readings celebrate what they SAW, HEARD, DID, FELT, and EXPERIENCED?

- Watchmen never keep silent, eating the harvest, waving flags, shouting joyfully
- Gladness, joy and praise, singing and making music
- Acceptance and forgiveness
- Declaration of good news
- Glorifying and praising, and quiet pondering
- Different ways of celebrating the good news

Set Up

- Display the CELEBRATE poster
- Set up for a party with:
 - Balloons
 - Streamers
 - Instruments
 - Party whistles
 - Party hats (bonbon crowns)

Call to Worship

Read Psalm 98 (Message Version)

- People can blow a party whistle at the end of each verse to add to the celebration.

Call To Worship based on Psalm 98

Let's Rejoice and Celebrate: Invite people to wave streamers or play percussive instruments on the repeated phrases.

It's Christmas! Come on everyone,

Let's rejoice and celebrate!

Whether you are in the bush or in the city

Let's rejoice and celebrate!

Whether you are in the mountains or by the sea

Let's rejoice and celebrate!

Join with the squawking cockatoos, join with singing whales

Let's rejoice and celebrate!

Join with the clicking cicadas, join with the buzzing mosquitos

Let's rejoice and celebrate!

Join with the orchestras and choirs

Let's rejoice and celebrate!

Celebrate what God has done.

Celebrate God's love.

Celebrate God's faithfulness.

Let's rejoice and celebrate!

Prayer Ideas

Prayer of Confession

Over the last four weeks, we've focussed on the word REJOICE and how we hear, see, act and feel in response to what God has done, and continues to do, for us. This prayer of confession reflects on these words and themes.

Invite people to say the bolded lines and to touch the different body parts mentioned - *ears, eyes, act (roll hands), minds and bodies*.

God,

Thank you that today is a day for rejoicing – a day to party, to cheer, and to celebrate!

We hear the laughter of children, the ripping of Christmas paper, and happy voices.

But, God, what aren't we hearing? What have we failed to hear or ignored?

(Silence) **Open our ears this Christmas to hear your voice.**

We see the Christmas lights, the brightly coloured clothes, and the kitchen table full of food.

But, God, what aren't we seeing? What have we failed to see or ignored?

(Silence) **Open our eyes this Christmas to see the world as you see it.**

We are busy doing things – visiting people, wrapping and unwrapping gifts, and cooking delicious food.

But, God, what aren't we doing? What have we failed to do or ignored?

(Silence) **Help us act in a way that glorifies you.**

We feel many things – excitement about new gifts, the warmth of an embrace, joy of having family around.

But, God, what aren't we feeling? What have we failed to feel or ignored?

(Silence) **Open up our minds and bodies to feel and respond in a way that honours you.**

Thank you for your forgiveness. Please help us live our lives more fully aware of you and your calling on our lives.

Prayer for Others:

Christmas Crown Prayer:

Give everyone a Christmas crown (bonbon hat). The person leading the prayer, touches each crown spike (5-8 spikes) and prays for a different person and/or situation. People hold their own hats and point and pray.

Alternatively, people can individually write prayer points on each spike and decorate the crown. These crowns can then be taken home and worn during the day.

Interactive activities, mini message or sermon ideas

- Have three or four large handmade bonbons filled with a mini message about the Bible characters – Mary, (Elizabeth), Angel, Shepherd. Bon bons might also include a prayer and a song idea.
 - Each bonbon has the character's name on the outside of the bonbon. After hearing the Bible reading, open each bonbon one at a time – give the enclosed mini message, prayer and song.
 - The mini message might talk about how the character responded to the news – each celebrated in a different way (rejoicing, pondering, sharing with others, glorifying God).
- Share about:
 - different ways to celebrate
 - something that's caused you to reflect or ponder deeply. What did you learn or discover during that time?
 - the Christmas character that you most relate to this Advent.
 - what has made you celebrate this Christmas from all that you've seen, heard, felt and done?
 - which of your Advent traditions can help you more deeply explore what you have discovered over the last few weeks?
 - how might you build something of what you've discovered this Advent into your annual Advent tradition?

Bible Reading Ideas**Luke 2: 1-20:**

- Use three readers – Narrator, Angel and Shepherd
- Invite people to listen to how each character responded to the good news.

Other Ideas

- Have three people of different ages, share their short reflections about what they've seen/heard/done/felt this Advent.
- People write/draw their reflections and put them in the manger or around the nativity scene depending on which character they most relate to. Create a moment of quiet reflection and give everyone a paper image of a heart to write the treasures that they have discovered through this Advent.

Lighting the Advent Candle

See script at the end of this document

Post Christmas: 29 December – Rejoice and Know

Advent and Christmas are over for another year. You've seen, heard, felt, acted, and celebrated many things.

Now, take some time to think about what you know.

What new insights have you had? What has been made clear? What things have you learnt about God or yourself? What do you know to be true? What are you unsure about?

Maybe you:

KNOW that God is a God of fulfilled promises.

KNOW that Jesus is the Messiah.

KNOW that God is at work within you and around you.

KNOW that it's OK to have questions and doubts.

Lectionary Readings

1 Samuel 2: 18-20, 26, Psalm 148, Colossians 3: 12-17, Luke 2: 41-52

Bible Reading Themes:

- Praise the Lord – what are we praising God for?
- God's chosen ones – holy and beloved. What does this mean for us?
- Jesus in the Temple – "Why are you searching for me? Did you not **know** that I must be in my Father's house?"
- Jesus listening and questioning the teachers in the temple
- Our doubts and questions. What are we searching for? What would Jesus say to us?
- Faithfulness – Samuel's mother and God

Set Up

- Display the KNOW poster

Call to Worship

- Psalm 148
 - Raise hands (or stand up) every time *Praise the Lord* or *Praise him* is read.
 - Count how many times the word praise is used (13 times)

Prayer Ideas

Prayer of Confession

Slowly read Colossians 3: 12-17

God of love and compassion,

We are sorry for the times when we don't act like your chosen people.

We are sorry for the times when we don't act like your holy and beloved.

Please bring to our minds the areas that we've fallen short as we hear once again the words from Colossians.

Re-read Colossians 3: 12-17

We thank you, God, for your forgiveness and for the peace that you fill us with.

You deserve our thanks and praise.

Interactive activities, mini message or sermon ideas

- Share about a time when:
 - your uncertainty was turned into something that you knew for a fact.
 - you had lots of questions – who helped you gain more of an understanding?
 - you learnt something that everyone else seemed to already know.
- Show some **I Was Today Years Old** videos or give demonstrations. Some examples can be found here:
<https://www.youtube.com/watch?v=UQBmVwG1brE>
- True or False trivia questions – what do or don't you know.

Bible Reading Ideas

[Colossians 3: 12-17](#)

Give everyone a print-out of a T-shirt. During the reading invite people to write down words on their shirt – things they want to clothe themselves with.

[Luke 2: 41-52](#)

Watch the following videos and listen out for the phrase "Didn't you know I'd be in my father's house?"

- Watch **Young Jesus in the Temple**, Teaching with The Chosen
https://www.youtube.com/watch?v=NqgnUec_tZQ
- Watch **God's Story: Jesus as a Kid** by Crossroads Kid's Club
<https://www.youtube.com/watch?v=4UWVXfzDtGk>

Other Ideas

Have two big pieces of cardboard.

On one piece of cardboard draw a big question mark – what in our faith, or in the Bible, are we questioning?

On the other piece draw a big exclamation mark – what do we know with certainty?

People can write their questions and truths on sticky notes and then stick these on the corresponding pieces of cardboard.

Ask people to think about what will help them with their questions and uncertainty this year. Pray that God will give understanding, clarity and peace for the questions that people have.

Worship Song Suggestions for Rejoice!

[O Come O Come Emmanuel](#), for KING & COUNTRY or

[Born Is the King \(It's Christmas\)](#), Matt Crocker Scott Ligertwood

[Be Glad](#), Chris Davenport Cody Carnes Jason Ingram Steven Furtick

[Joyful Joyful We Adore Thee \(Rejoice Rejoice\)](#), Edward Hodges, Henry Van Dyke, Ludwig van Beethoven, Rend Collective

[Simple Gospel](#), Brock Human, Will Reagan

[When I Think Upon Christmas](#), Hillsong Worship

[Hymn Of Joy](#), Chris Tomlin, Ed Cash

Links provided to Song Select for songs covered by CCLI

Do You Hear what I Hear is another great song that would fit the theme but is not covered by CCLI. For King and Country have a cover and Film clip <https://www.youtube.com/watch?v=ziXTaDqXAkQ>

Advent Candle Liturgy, Rejoice!

What you need:

- 5 candles of any colour – you might choose to keep with the traditional 3 purple, 1 pink and 1 white, or you might like to do something different this year. If you are using traditional coloured candles, keep the pink candle of joy for advent week four.
- A candle lighter
- 2 voices
- This script

Advent One: December 1st - Rejoice and SEE

Voice 1: I invite you to close your eyes for just a moment,
notice the darkness, see that there is nothing there.

Light the candle of hope.

Voice 2: As you open your eyes, you can see the candle of hope burning,
like a seed planted in the darkness of the earth,
it is hard to know completely what will come of it,
but we have hope, hope in God's way.

Voice 1: I invite you to take a moment and to share with the people beside you a hope that you have
for this Christmas.

Allow a moment for sharing.

Voice 2: Let us pray...

Lead the body prayer for hope from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

or say...

God of yesterday, today and tomorrow,
help us to be filled with your hope,
and to rejoice in your presence.
Amen.



Body Prayer: Hope

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One
(reach up and look out)



Grow within me
(hands on heart)



May your hope
(widen arms)



May your hope
(widen arms)



Encircle me
(circle both arms from one side, over head, to the other side)



Reach beyond me
(stretch arms in from of body)



May your hope
(widen arms)



AMEN
(head down, hands at prayer with palms together)

Advent Two: December 8th - Rejoice and HEAR

Light the hope candle.

Voice 1: The psalmist invites us to “make a joyful noise to the Lord”¹,
So, let us free ourselves and rejoice as we make a joyful noise.

Light the candle of peace.

Voice 2: We can celebrate God’s gift of peace,
a peace that crosses all boundaries and situations,
a peace that brings goodwill to all of creation.
Even when we do not fully understand it or experience it,
we can know its power and commit to be instruments of peace.

Voice 1: I invite you to take a moment and share a sign of God’s peace with people around you. You
may want to use words like, ‘the peace of the Lord be with you.’ But you do not have to.

Allow a moment for sharing.

Voice 2: Let us pray...

Lead the body prayer for peace from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

or say...

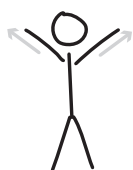
God of togetherness,
through Jesus, you have shown us your way of peace-making,
help us to be peace-makers and to rejoice in your presence.
Amen.

¹ Psalm 100:1



Body Prayer: Peace

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One
(reach up and out)



Work through me
(use some force to push arms to sides with fingers up)



May your peace
(clasp hands over heart)



May your peace
(clasp hands over heart)



Surround me
(circle arms in front of body)



Extend to the world
(unfold arms in front with open hands)



May your peace
(clasp hands over heart)



AMEN
(head down, hands at prayer with palms together)

Advent Three: December 15th - Rejoice and ACT

Light the hope and peace candles.

Voice 1: In Philippians chapter 4, we are reminded to
'rejoice in the Lord always'.

Light the candle of joy.

Voice 2: As we wait in this season of Advent,
we remember that God's gift for us includes joy,
a joy that can fill us completely,
a joy that transcends the ups and downs of life,
a joy we can share.

Voice 1: Joy is contagious. I invite you to take a moment and see if you can make the people near you
smile or, better still, laugh.

Allow a moment for sharing and for people to smile.

Voice 2: Let us pray...

Lead the body prayer for joy from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

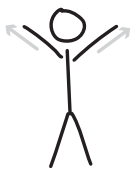
or say...

God who likes to laugh,
fill us with your joy,
so that we can share it with others
and rejoice in your presence.
Amen.



Body Prayer: Joy

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One

(reach up and out)



Bubble up in me

(wiggle fingers, bringing over head)



May your joy

(put hands toward centre, wiggle fingers)



May your joy

(put hands toward centre, wiggle fingers)



Sustain me

(reach arms to sides, flexing fingers)



Grow in all of creation

(circle wiggling hands around head)



May your joy

(put hands toward centre, wiggle fingers)



AMEN

(head down, hands at prayer with palms together)

Advent Four: December 22nd - Rejoice and FEEL

Light the hope, peace and joy candles.

Voice 1: For God so loved the world,
that God went to extreme lengths
to share with us all the greatest gift of all.

Light the candle of love.

Voice 2: God's gift of love is more comprehensive than we can imagine,
and there is nothing we can do that will take it away.

Voice 1: I invite you to take a moment and share with the people beside you how someone has been a
gift to you — perhaps through something they did or said. You may want to share how that
experience made you feel.

Allow a moment for sharing.

Voice 2: Let us pray...

Lead the body prayer for love from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

or say...

God of world-changing love,
thank you for loving us,
help us to share your love with others
and to rejoice in your presence.
Amen.



Body Prayer: Love

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One
(reach up and out)



Be in my actions
(touch eyes and mouth)



May your love
(cross hands and lower arms over heart)



May your love
(cross hands over heart)



Be in my head...
(touch head)



Be in all I say...
(touch mouth)



...and heart
(touch heart)



...and do
*(extend hands, or in a group,
hold hands)*



May your love
(keep touching heart)



AMEN
*(head down, hands at prayer
with palms together)*

Christmas Eve: December 24th - Rejoice and CELEBRATE

Voice 1: This advent, we have been rejoicing in God's presence,
and celebrating God's gifts.

Voice 2: The gift of hope.

Light the candle of hope.

Voice 1: The gift of peace.

Light the candle of peace.

Voice 1: The gift of joy.

Light the candle of joy.

Voice 1: The gift of love.

Light the candle of love.

(Optional additional line)

Voice 1: We will not light this white candle yet,
as we will light it in the morning,
for now, we celebrate with anticipation,
God's beautiful gifts.

Voice 2: Let us pray...

Lead the body prayer for Christmas from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

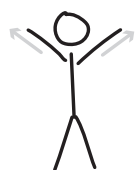
or say...

Wonderful God,
we thank you for your gifts and how they reshape our lives,
help us to share them with others,
as we rejoice in your presence.
Amen.



Body Prayer: Christmas

Repeat the following prayer, using the actions to inspire movement as you are able:



Holy One
(reach up and out)



God's hope
(widen arms)



May the gift of Jesus
(cradle arms)



God's peace
(clasp hands over heart)



Be born in me
(circle arms over chest)



God's joy
*(put hands toward centre,
wiggle fingers)*



So that all might know
*(one arm at a time, circle out
from body)*



And God's love
(open fingers over heart)



AMEN
*(head down, hands at prayer
with palms together)*

Christmas Day: December 25th - Rejoice and CELEBRATE

Voice 1: We light the four coloured candles,
each reminds us of one of God's great gifts,
the gifts of hope, peace, joy and love.

Light the hope, peace, joy and love candles.

Voice 2: But today, we are not only celebrating these gifts,
we are celebrating God's fantastic gift of Emmanuel,
God with us.

Light the white Christ Candle.

Voice 1: Let us hear from John 1:14.
"And the Word became flesh and lived among us,
and we have seen his glory,
the glory as of a father's only son,
full of grace and truth."²

Voice 2: Let us celebrate as we pray...

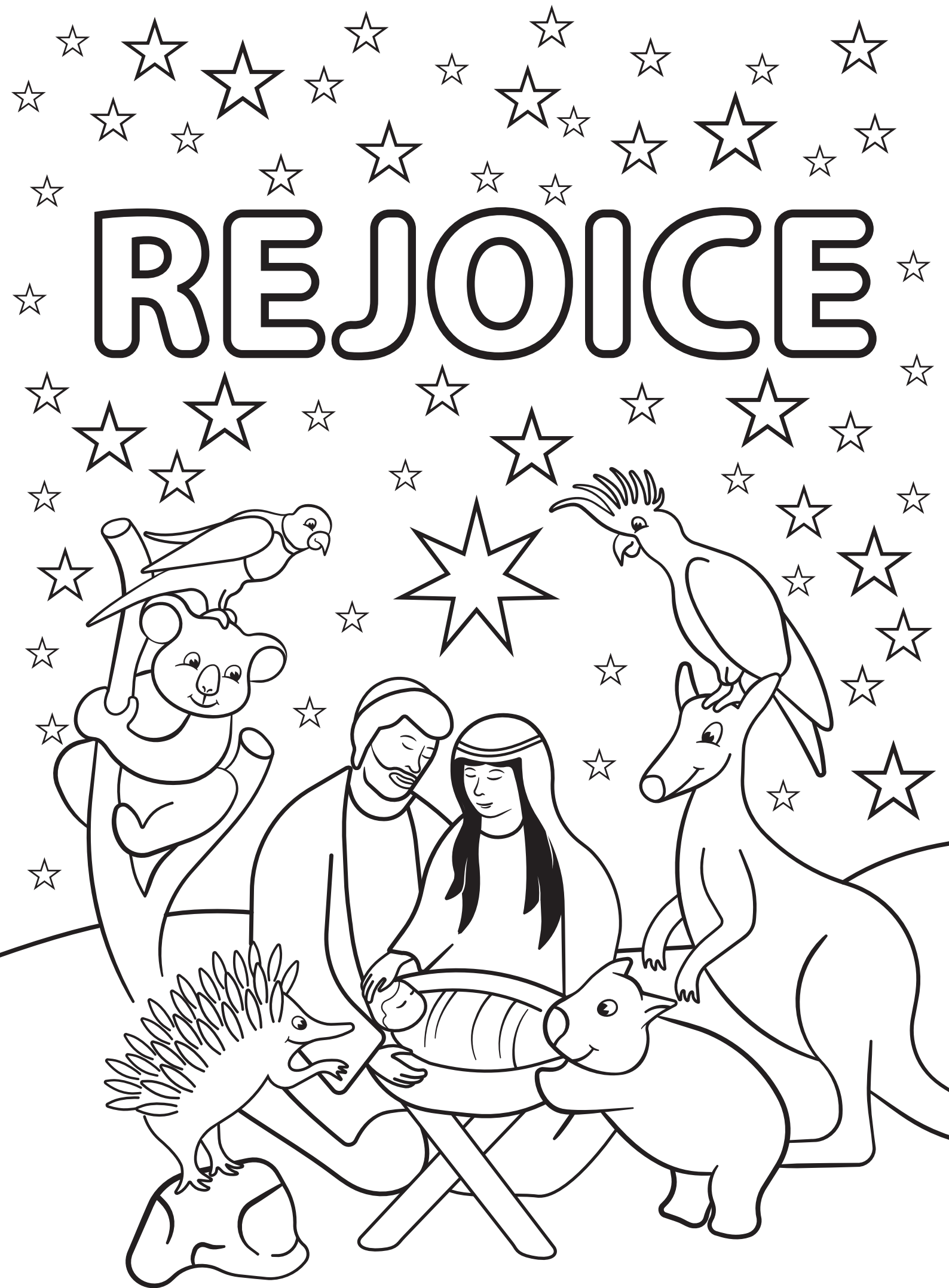
Lead the body prayer for Christmas from Advent Unwrapped at
<https://united-church.ca/sites/default/files/body-prayers.pdf>

or say...

Creator God,
we thank you for the best gift of all,
the gift you, thank you for being with us,
Help us to rejoice.
Amen.

² John 1:14 (NRSV)

REJOICE

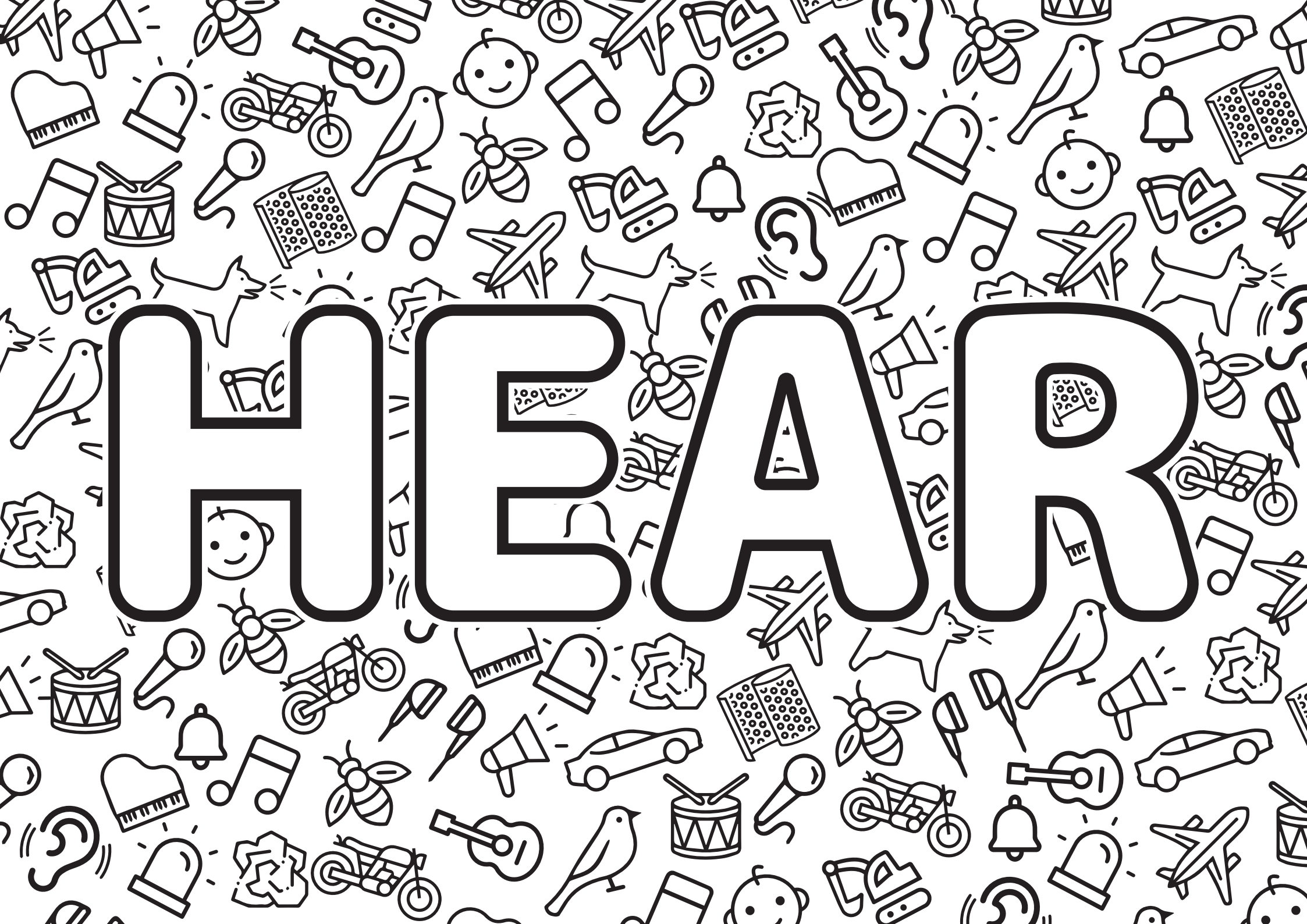


REJOICE



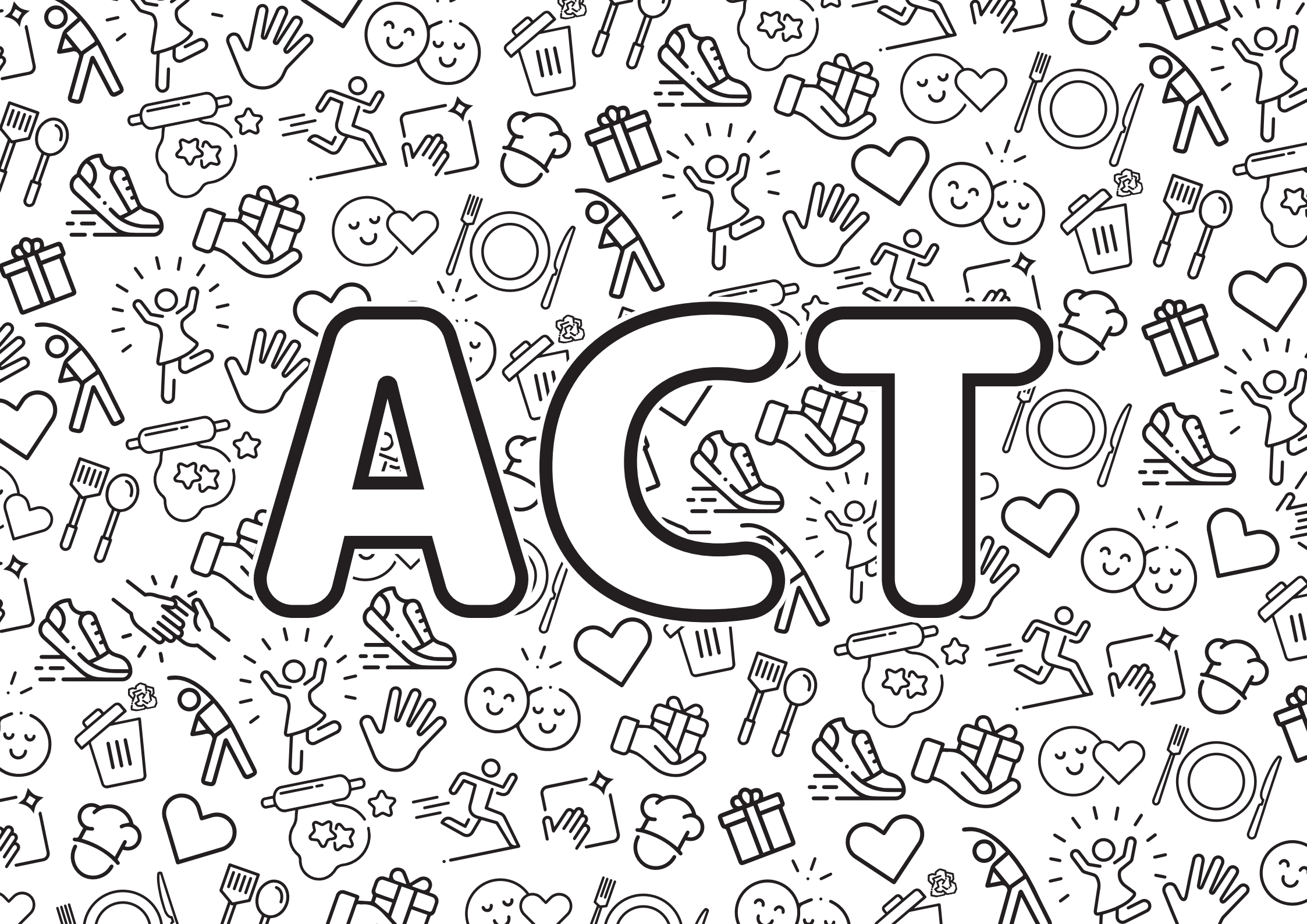
SEE

HEAR




HEAR

ACT



ACT

FEEL



CELEBRATE

CELEBRATE

KNOW